

About JMAM

We are the JMA Management Center—JMAM for short.

We support professional and personal development in three main areas: Publishing, Human resources development, and Planner production. We have around 80 years of experience in publishing, beginning when we were part of the Japan Management Association, established in 1942 to promote management efficiency in industry. We became an independent company in 1991.

Our books are practical and useful texts for adult and child readers.

Because we aim to reach every reader who hopes to learn new things and develop their skills, we design our books in a variety of formats, using appealing illustrations and even manga (comics) to convey information effectively.

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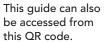


JMAM's Books for Business people

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About Manga for Business people

Our Unique Approach to Self-Learners

Our Manga for Business People, Parenting and Education, takes unique approach to support self-learners, with its combination of Manga stories and explanatory texts.

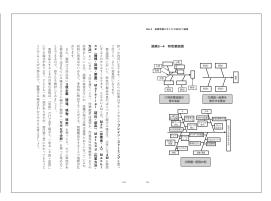
Manga stories enable readers to experience close to real life case study of how theories and concepts are implemented.

Explanatory texts with diagrams in separate chapter from Manga stories, supplements the story and help readers to grasp underlying concepts and theories in detail.

Today, JMAM's Manga series is used as subtexts for many corporate trainings and college lectures.







Manga as a Powerful Tool of Communication

- Manga readers continued to read the manga they were familiar with as children, the reader base eventually spread to a wider age range.
- As a result, manga with themes targeted at elderly age group to both gender, began publishing and increased genres of manga.
- Also, publishers took the advantages of manga's unique and powerful communication style,
 - OEasy to feel close to the characters and familiar stories.
 - OComplex events can be easily understood visually.
 - Easy for readers to understand through pictorial expression.

and started to use manga as a new communication media to complement text only materials.



Lowers Hurdle

Easy to Understand

Faster Learning

About JMAM's books for Children

Our Approach to children's books



Our children's books are designed for children to experience the joy of growth throughout their lives.

- Books to be read by children themselves, posing questions for self-learning
- Attachment of separate instructional guidance for parents to each book to support children's learning
- Contents that encourages interest in the real world
- Know-how in communication and thinking that will be useful even as grown ups, applied from a child's perspective
- Understanding and interest in diversity
- Questions to foster inquisitive minds and thinking skills
- Enjoyment of thinking and learning new things

JMAM's books for Children -Learning to Enjoy Growth-

At the age of 10 to 12, young children, who have grown up learning unconsciously, are able to perceive things and themselves more objectively.

The timing of change from childhood to adulthood is also a time of significant physical and mental growth, and they become more involved in social activities with peers, family, and school, and become more independent.

As they begin to engage in social activities, they become more aware of their role in the group, their responsibilities, their respect for themselves and others, their consideration for others, and the worries that come with it.

Thinking and deciding what to do in response to these changes is a learning experience and a real sign of their growth.

JMAM believes the experience of learning and growing during this time will become the foundation for a lifelong spirit of inquiry and practical ability.

JMAM hopes that many children will be able to experience and capture this foundation through our children's books.

Feel the joy of thinking and learning.

Pursue interest and joy of growth.

To be a person who can think and act independently in the future.





Rights Guide 2023



Manga for Business People































Target The book is suitable for college level, entry level business planning managers and entrepreneurs.

Extent; 278 Pages Size; 147mm x 210mm Illustrations; Yes, Black & White Illustrations, Diagrams Material; Block Copy 24th Printing

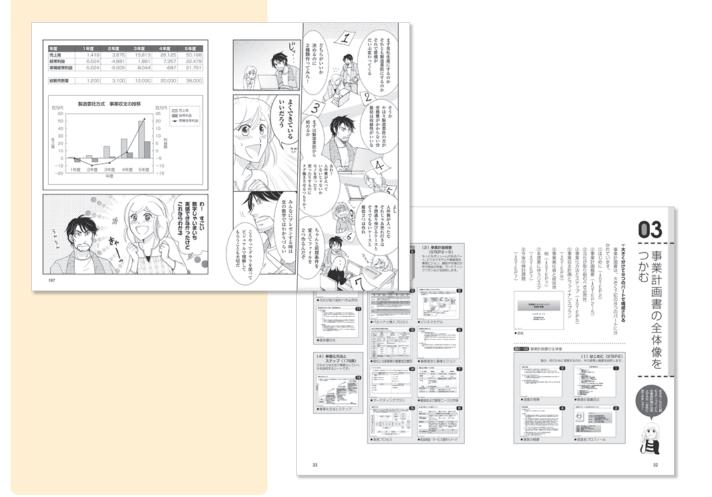
Translated in Traditional Chinese

Business Planning

After the death of her father, 28 years old Midori takes over a sake brewery that has been in business for generations. Feeling uneasy about the future of her existing business, she tries to start a new business using sake.

However, Midori's idea is met with disapproval within the company, and she becomes very upset. As Midori is venting her anger, Koshino appears and points out that Midori's planning is lax, and he challenges her to create a convincing business plan. With Koshino's guidance, Midori creates a more concrete and realistic business plan and succeeds in attracting investors for her business.

Entire process of formulating and implementing a business plan is introduced. Business planning tools such as Idea Generation and Evaluation, Business Model Canvas, Marketing Plan, Proforma Balance Sheet, Cash Flow Analysis are introduced and implemented in the story . Readers can easily understand and follow how to analyze current situations, formulate and assess viable strategic options into a business plan, through real life situation, with Manga style.





Target This book is suitable college level and entrepreneurs, who need knowledge of business models before reading introductory books for business.

Extent; 240 Pages Size; 127mm x 188mm

Illustrations; Yes, Black & White Illustrations, Diagrams,

Material; Block Copy 1st Printing

Business Model

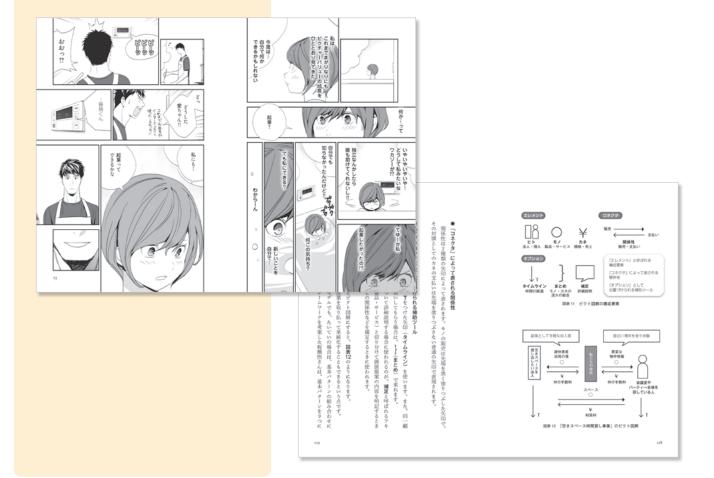
Ai works as a handy right hand of a young start up CEO, Samaki, and together they successfully enlisted their company. However, Ai feels she is still lacking something. Samaki, thinking highly of Ai, challenges her to start her own business within 4 months.

With constructive tips from her venture capitalist husband, Togo and her IT engineer friend Ume, Ai begins extensive field research, designed and kept improving her business model, as she went through more research and discussions.

With her passion, Ai successfully sets up her own start up within 4 months but kept on challenging herself and the company to establish a strategical advantage and differentiation over their competitors.

This book covers the steps of creating a new business with appropriate business strategy and business model.

The book goes through basic steps of Lean Startup, and covers topics as such as Business Model Canvas, MVP, VOC and Niche Strategy. Dilemma strategy, Cooperative strategy, Sharing economy, and Visionary leader. Readers can easily understand and follow the ideas and instructions through real life situation, with Manga style.





Target The book is suitable for college level, entry level business planning managers and entrepreneurs.

Extent; 247 Pages Size; 127mm x 188mm

Illustrations; Yes, Black & White

Illustrations, Diagrams, Material; Block Copy

6th Printing

Translated in French, Korean and Traditional

Game Theory

Ginjiro suddenly gets a call from his mother to take over her small hotel resort business, after his missing elder brother.

The rural and old coal mine hot spring resort area was facing difficulty due to decreasing customers, without much tourist attractions. Most hotel resorts in the area were facing financially difficulties from a pricing pressure, triggered by a major hotel player.

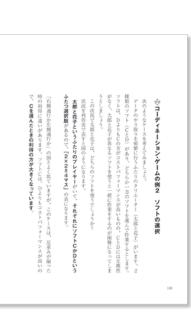
Ginjiro, learns from Kyoko, his old friend who happened to be staying at his hotel, that the town is facing a Prisoner's Dilemma and should deviate from the situation.

Using Game Theory ideas, Ginjiro succeeds in persuading the major hotel to stop low price strategy, and to cooperate to revitalize the resort area as a whole. He also uses Game Theory ideas to attract and maintain new customers for his hotel and successful turns around his hotel business.

The book introduces basic ideas of Game theory in business, covers topics such as Prisoner's dilemma and Nash Equilibrium, Coordination game theory, Dynamic game theory, Behavioral economics and Game theory in problem solving.

Readers can easily understand the theory and how it can be used in a real life situation by Manga style.







Target The book is suitable for college level, entry level business managers.

Extent; 223 Pages Size; 127mm x 188mm Illustrations; Yes, Black & White Illustrations, Diagrams Material; Block Copy 1st Printing

Productivity Improvement

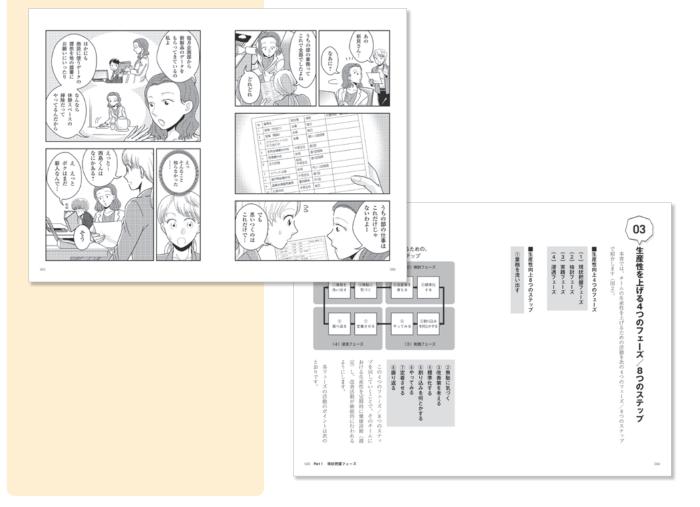
Mikano, a 26-year-old manager, is assigned as the company's internal productivity improvement leader, by the CEO. Bewildered by the CEO's sudden directive, she begins by identifying the tasks of the sales department, but is troubled by the resistance of many in the workplace, making it difficult for the project to proceed.

In the midst of all this, Mikano happens to meet a management consultant, and following his advice, she is able to properly assess the current situation.

Mikano successfully streamlines unnecessary jobs to increase productivity, and introduce a new way of doing work, while persuading the opposing members.

Entire process of formulating and implementing productivity improvement project from current process assessment to reorganization is introduced. Also covered are Creating Activity List and Incident List, Classifying Activities to Change Levers (Strengthen, Maintain, Streamline, Reduce or Eliminate) and How to Deal with Resistance.

Readers can easily understand and follow how to analyze current situations, formulate and implement productivity improvement schemes, through real life situation, with Manga style.





Target This book is suitable for all ages who seeks to build a good team and a good working environment.

Extent; 296 Pages Size; 127mm x 188mm Illustrations; Yes, Black & White Illustrations, Diagrams, Material; Block Copy 11th Printing

Learning Organization

27-year-old Yuka, a member of the Corporate Planning Department, is ordered to instill reforms of its manufacturing division, based on the new management philosophy and revamped action policy.

When Yuka actually goes to the factory, she is met with fierce resistance, as the head office's approach and actions seems to be a top-down imposition. Yuka, wondering how to resolve the employees' distrust of the company, happens to participate in a management simulation game based on the "Learning Organization" concept, where she meets Susumu, the owner of a beer hop farm.

Yuka takes Susumu's advice and together they systematically sorted out the issues she was facing and changed her behavior and the way she faced members of the team in order to bring her closer to them.

The book shows essential tips on successful organizational change and MIT Sloan School Professor, Peter Senge's theory of "The Learning

Topics such as, Organizational Success Cycle, Systematic Thinking, Collaborative Communication and Team Learning are introduced.





Target The book is suitable for people of all levels who seek to increase inter-personal relationships and become a good communicator.

Extent; 206 Pages **Size**; 127mm x 188mm

Illustrations; Yes, Black & White

Illustrations, Diagrams, Material; Block Copy 16th Printing

Translated in Traditional Chinese

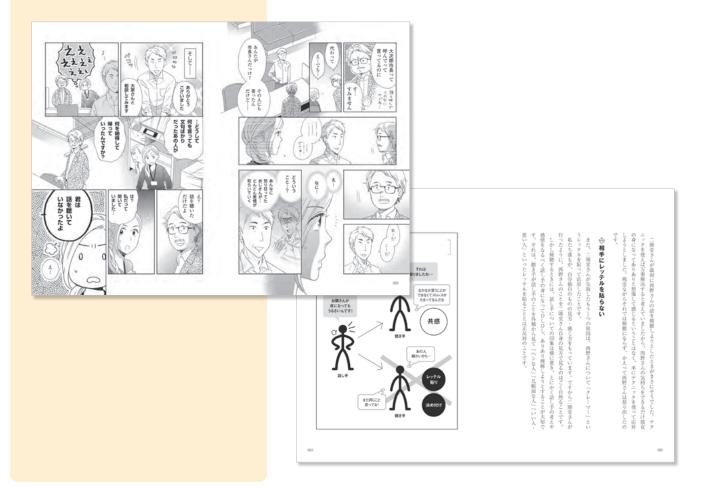
Active Listening

Izumi, who works at city hall, is assigned to new information service department, that newly elect mayor started. The department is flooded with requests or harsh claims of citizens.

One day, mayor saves Izumi's day by taking part of her place against a furious citizen. Mayor reveals, he successfully used his "Active Listening Skill", which turned raging claimer into smiling and content person. Izumi quickly learns and puts Active Listening into practice, dramatically improved her inter-personal relationship in her work environment, community and family.

Introduce advantages and tips of Active Listening skills through Manga case study. Shows tips such as being better listener than talker, sympathize rather than agree, observation of underlying speaker's objectives are introduced.

The book helps readers improve communication skills through Active Listening by giving real case examples, Do's and Don'ts through very easy to understand Manga style.





Target The book is suitable all adults

Extent; 208 Pages
Size; 127mm x 188mm
Illustrations; Yes, Black & White
Illustrations, Diagrams
Material; Block Copy

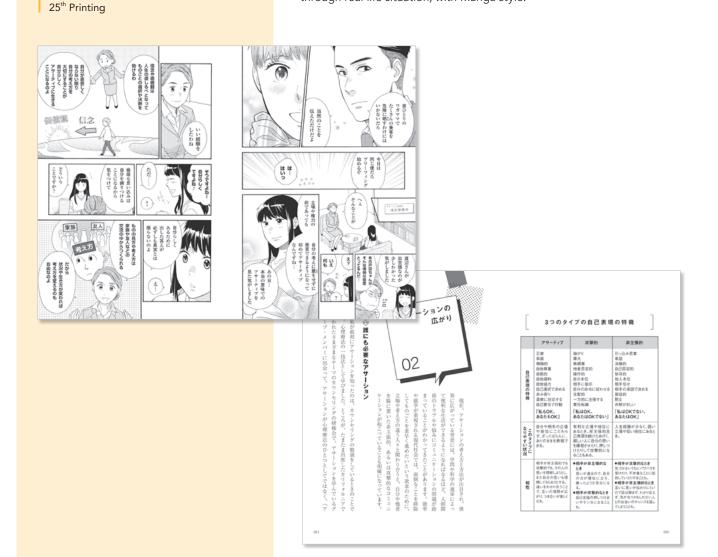
Assertion

Story

Mie is a 26-year-old cabin attendant who works at a local airline, but due to her reluctance to say "No", her work and private life are not going well. One day, she meets a woman at the airport who introduces her to concepts of Assertions. Despite her fears, she begins to take action to communicate her thoughts and feelings clearly to her boss and colleagues at work, while taking their emotions into consideration. Mie is surprised to find that her actions gradually take hold, and the previously awkward work environment turns into an environment with better communication. As Mie is now able to clearly express her thoughts, she is able to honestly reevaluate what she originally wanted to do, and is able to work more positively to achieve it.

Concepts and Theories

Entire process of applying Assertion ideas to a real life situation is introduced. Techniques on how to express yourself in a way that conveys what is important while respecting both yourself and others, The basics of assertions: Describe, Express, Specify, Choose, Readers can easily understand and follow the ideas and instructions through real life situation, with Manga style.





Target The book is suitable for people of all levels who seek to increase inter-personal relationships and become a good communicator.

Extent; 214 Pages Size; 127mm x 188mm Illustrations; Yes, Black & White Illustrations, Diagrams, Material; Block Copy 15th Printing Translated in Traditional Chinese

Anger Management

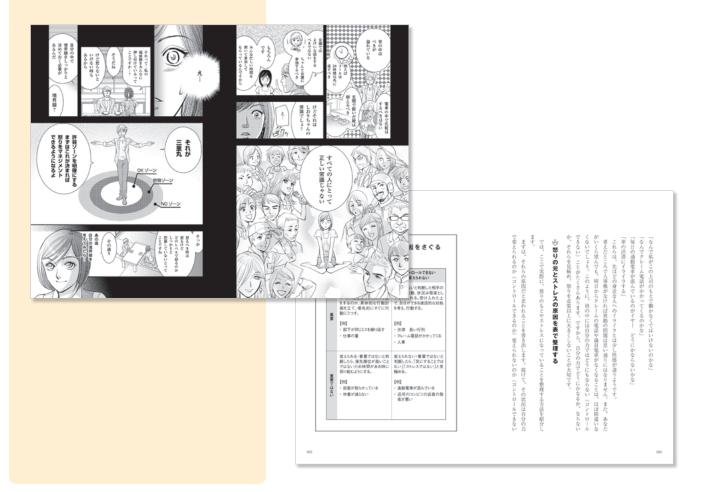
Shiori, a young banker, is appointed as a project leader for innovative new project. Very excited at first, but soon she becomes very disappointed and furious with rage that her team is not cooperating with her. Emotions betrays her expectations from her bosses, and Shiori seriously starts to worry about her career.

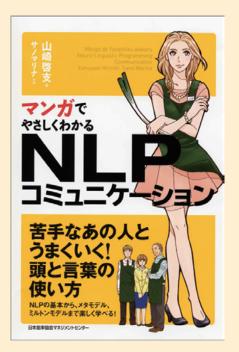
Umehara, who is a regular customer at Shiori's fathers noodle restaurant, sees Shiori taking it out at her father, and suggests Shiori to control her emotions with Anger Management tips.

As Shiori tries Anger Management tips, she starts to observe her peers much objectively, and understand their underlying intentions of their actions, which helped her improve her relations with them. Shiori, herself is very surprised with the change in her but also very pleased with the positive change that brought about.

The book covers valuable tips of Anger Management, a psychological training to proactively accompany with anger. It covers topics such as, How anger occurs, Expectation and anger, Tips on how to control anger (Scaling, Count back, Coping), Taking Anger Logs, How to communicate with peers, Express and receive frustrations and etc.

The real-life case study, in Manga style and supplemental explanations are very useful to help readers easily understand the theory and help them try the theory into practice.





Target The book is suitable for people of all levels who seek to increase inter-personal relationships and become a good communicator.

Extent; 254 Pages Size; 127mm x 188mm

Illustrations; Yes, Black & White

Illustrations, Diagrams, Material; Block Copy 20th Printing

Translated in French, Simplified Chinese

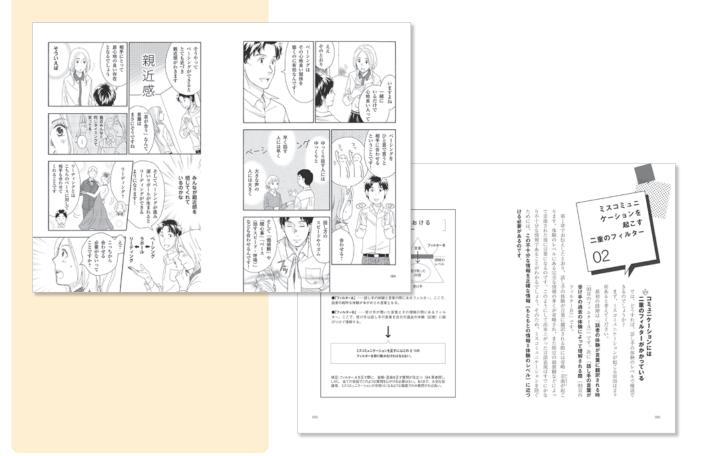
and Traditional Chinese

NLP (Neuro Linguistic **Programming) Communication**

28-year-old Anri, suddenly finds herself in a position to succeed her father's supermarket business, but are very disappointed that none of her previous work experience as a project leader in a leading fashion company is paying off, and feels out spaced by her employees. Her father brings in a consultant to help Anri, not with business but her communication skill. Together Anri works on her communication using NLP tools, which decreased misunderstanding, increased trust with her employees, and even helped her to improve issue solving skills. Improved communication quickly spread to her employees with customers, which led to a stable business turn around.

The book introduces theories such as NLP's basics models in communication, Mechanism of miscommunication, Meta-Model; a model of gathering information and challenging person's language and underlying thinking, Milton-Model; a communication model to transform listener to be more receptable and open to ideas.

The book helps readers improve communication skills through NLP method by giving real case examples, Do's and Don'ts through very easy to understand Manga style.





Target The book is suitable for all adults.

Extent; 220 Pages Size; 127mm x 188mm

Illustrations; Yes, Black & White

Illustrations, Diagrams **Material**; Block Copy

9th Printing

Mental Health

Story

Six people, each suffering from mental problems, emotional scars and stress, meet a bartender who is a former counselor.

Introduced are an office worker whose workplace and family are no longer the way he wants them to be, a college student who was bullied in middle school and lacks self-confidence, an office worker who has lost confidence in himself due to a failure at work, and a businessman who cannot recover from a broken heart.

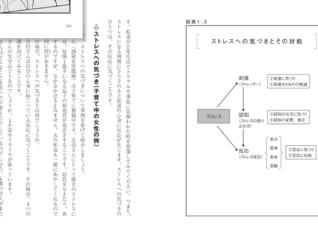
The bartender counsels each of them and identifies factors that have caused them to become mentally unhealthy and help them to breakthrough those anxieties.

Concepts and Theories

Explains patterns of Mental health disabilities, and how stress has affected them. The book provides tips for managers, on how to respond when subordinates in the workplace become depressed, how people can improve by adapting to stress adaptation by fostering self-expression. This is a good guide, as readers can easily understand and follow how to analyze current situations through Manga style.









Target The book is suitable for all levels above college students.

Extent; 240 Pages **Size**; 127mm x 188mm

Illustrations; Yes, Black & White

Illustrations, Diagrams, Material; Block Copy 22nd Printing

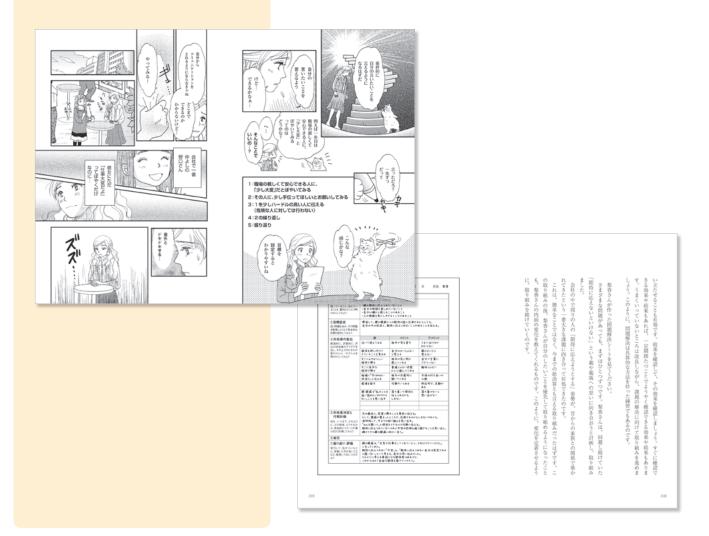
Cognitive Behavioral Therapy

Rika has been working for an advertisement agency for 5 years, but she begins to suffer from mild depression after her sudden transfer to a subsidiary company. Frustrated about herself, and fell into a bad spiral, Rika finds herself in a position where her work and personal life are going nowhere.

Then one day, her pet cat, Haru, surprises Rika, by starting to talk to her. In fact, the spirit of a veteran psychotherapist who had been in a car accident transferred to the cat Haru and began to unravel Rika's emotional wanderings. Following Haru's advice, Rika begins to objectively look at her own behavior and thinking habits, to identify the factors that lead to her inner conflicts, and to start devising ways to avoid falling into the pitfalls of her mind.

Rika eventually overcame her conflict and learned to obtain a stable mental balance.

Entire process of cognitive behavioral therapy is introduced. Topics covers tips on how to observe yourself objectively, tips on how to take note of your schedule for observation, how to sort out the situation, and how to set your goal (SMART), which all helps you to begin right mental balance.





Target The book is suitable for all leaders and managers, who seeks to train team members and build a good

Extent; 224 Pages **Size**; 127mm×188mm

Illustration; Yes, Black & White Illustrations, Diagrams

Material; Block Copy

4th Printing

Translated in Traditional Chinese

Effective Leadership

Marina is a new manager at a company that runs a restaurant referral website. One day, one of her reports quits with the parting words "I don't want to work for you!" This leaves her with three remaining team members: Sengoku, who quietly does only what is assigned to him; Momota, who is raising a child and has limited working hours; and Kazuno, who has an easily bruised ego but lacks the ability to get things

Marina struggles to communicate with her team until one day, at a cooking class, she meets a man named Makita who gives her some valuable advice: "A manager's only job is delegation." Building on this insight, Marina begins assigning work according to each team member's strengths and weaknesses, and gradually learns to nurture their abilities and unite the team toward a common goal.

Many new managers are unsure how to develop the capabilities of their reports and increase team productivity. The shift in mindset from delivering results yourself to drawing results from a team can be challenging, and managers often feel tempted to take over tasks from team members and complete them themselves when things get difficult. This book explains how to nurture individual team members by delegating work using a four-step process: observation, agreement on goals, reflection, and feedback. Repeating these four steps helps employees develop their capabilities, making your team more productive. The unique manga presentation makes its lessons about communication and real-life implementation clear and relatable for greater effectiveness.







②目標契約

③振り返り



観察から始まる

01

16



Target The book is suitable for all people who seeks to improve workplace environment in manufacturing.

Extent; 240 Pages Size; 127mm×188mm

Illustration; Yes, Black & White

Illustrations, Diagrams, Material; Block Copy 2nd Printing

Translated in Traditional Chinese

5S in Operation Management

Yui took over his father's doughnut factory following his father's sudden death. After visiting the factory for the first time in several years, she was surprised to find a factory that had many problems with production efficiency and hygiene and regularly received complaints from customers. Yui decided to improve the factory environment with the help of her cousin Ryosuke, a 5S consultant. However, she faces strong opposition from employees including the factory manager Furukoshi and problems occur one after another. Yui persuades significance of 5S to all employees and tackles with improvement of factory environment.

The 5S method: Sort, Set, Shine, Standardize and Sustain, which was born in Japan's numerous production sites, has been introduced in every workplace in Japan as the basis for everything. The reason why 5S is so popular is that it is easy to understand and apply in the workplace and the results can be easily confirmed. In addition, we cannot overlook the effect of naturally developing human resources as we continue our activities.

However, there are several difficulties to overcome in promoting 5S, such as resistance from the front line upon introduction, and these obstacles make it difficult to incorporate 5S into the workplace.

In this book, we will explain the problems and solutions that everyone encounters in promoting 5S activities, as well as tips on how to smoothly incorporate them into the workplace.



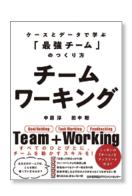


JMA Management Center Rights Guide 2023



JMAM's Books for Business people











Target The book is suitable for all people who seeks to improve in performance.

Extent; 256 Pages Size; 127mm×188mm

Illustration; Yes, Black & White Diagrams,

Material; Block Copy

3rd printing

Be the Best You: The High-**Performance Mindset**

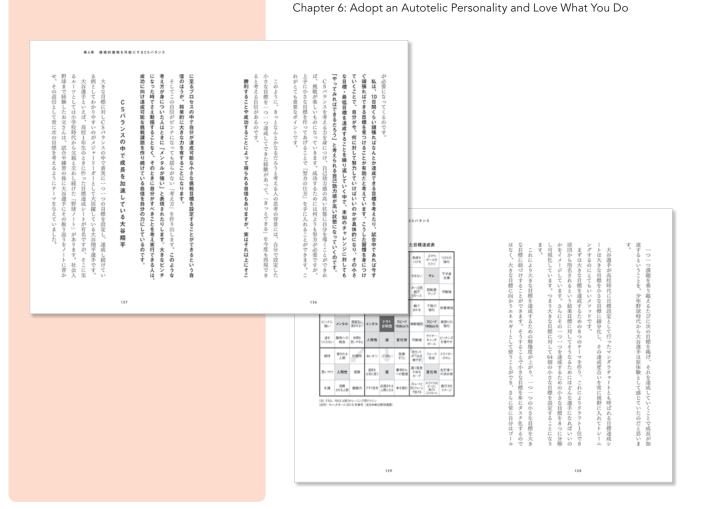
Consistent high performers in sports or business have one thing in common: They know how to bring out the best of their abilities. This book draws on sports psychology to teach six key components of a highperformance mindset.

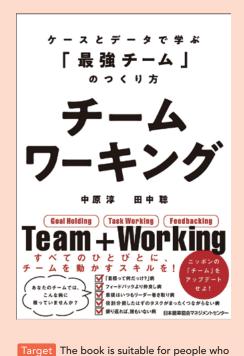
- 1. Vertical comparative thinking: Compare yourself with your future self
- 2. Role personality: Determine what you can control and act out the image of who you want to be
- 3. Double goal: Always pursue two goals at once
- 4. CS balance: Set goals that balance challenge and current skill
- 5. Acquisition-orientated thinking: Take action to get what you want
- 6. Autotelic personality: Do things because you enjoy them

MLB player Shohei Ohtani is a master of CS-balanced goal setting, the fourth component, and this book contains many hints from top athletes on how to achieve better results in business.

Contents

Chapter 1: Become Unshakable with Vertical Comparative Thinking Chapter 2: Play a Role Personality and Break Through Your Limitations Chapter 3: Set Double Goals to Bring out Your Best in Any Situation Chapter 4: Embrace Continuous Challenge with CS Balance Chapter 5: Put Your Best Foot Forward with Acquisition-Oriented





seeks to train team members and build a good team.

Extent; 232 Pages Size; 148mm×210mm

Illustration; Yes, Black & Blue Illustrations,

Diagrams,

Material; Block Copy

5th printing

Team+Working

This book is a practical guide to learning the skills of teamwork. The world is full of problems that cannot be solved alone. Society is built on teamwork—and the era in which a single excellent leader was enough for a team to succeed is long past. What is needed today is "teamworking," with all team members making smart, coordinated contributions while thinking and acting independently.

This book teaches the perspectives needed for teamworking—team perspective, all-leader perspective, and dynamic perspective—and the vital behavioral principles of Goal Holding, Task Working, and Feedbacking. The case studies and data are from Japan, but the concepts will prove invaluable for teams in any country.

Contents

Introduction: Japanese Teams Need Updating!

Chapter 1: Why the Japanese Workplace Stopped Working

Chapter 2: Teams Are Always Moving and Changing: What is Teamworking?

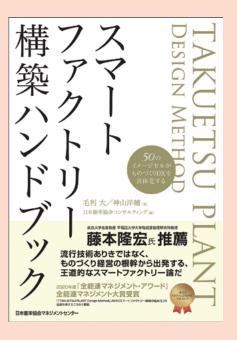
Chapter 3: Don't Set Goals, Hold Them: The Data-Based Case for Goal Holding

Chapter 4: Hunt Down the Problem to Be Solved: Task Working

Chapter 5: Communicate Your Thoughts Clearly for the Team's Benefit: Feedbacking

Chapter 6: Teamworking Skills for Everyone!





Target The book is suitable for people who seeks to build efficient factory or plant in manufacturing.

Extent; 272 Pages Size; 148mm×210mm

Illustrations; Yes, Black & Blue Diagrams,

Material; Block Copy

1st Printing

Translated in Simplified Chinese

The Smart Factory Design Handbook

As digital technology evolves, manufacturing must successfully incorporate new platforms and services to create new value. The most important factor in building a smart factory is setting goals, which begins with deciding what the factory is meant to achieve. These goals differ from company to company and factory to factory, making tailored design

This book is a practical guide to designing smart factory processes, from concept design to implementation. It offers a new framework for creating the smart factory your company needs using the 50 smart factory image cells included as templates. You will learn to construct a vision of your optimal production system by considering which cells to adopt and how, guiding you toward the ideal smart factory for your company.

Chapter 1: Changes and Challenges for the Manufacturing Industry

Chapter 2: Acceleration of DX is the Key to Building Smart Factories

Chapter 3: Solving On-Site Issues through Trial and Error

Chapter 4: Converting Existing Facilities into a Smart Factory

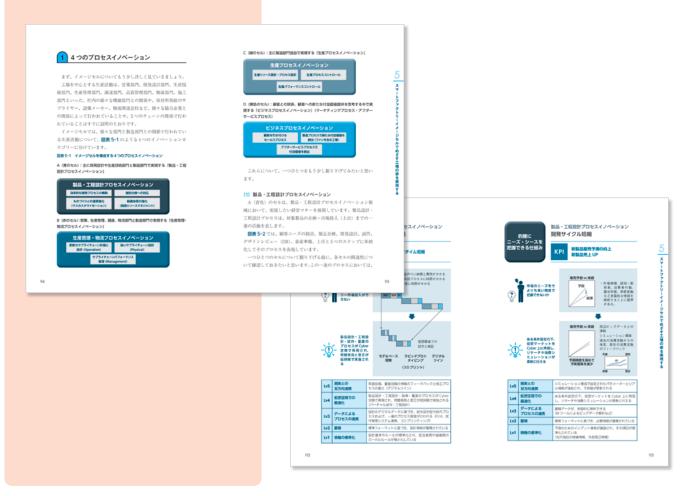
Chapter 5: Designing the Factory of Your Dreams with Smart Factory Image Cells

Chapter 6: Takuetsu Plant: A Method for Designing Smart Factories

Chapter 7: Smart Factory Design Case Studies

Chapter 8: DX Human Resources Supporting Smart Factory Design

Chapter 9: Next Steps in Smart Factory Design





Target The book is suitable for all people involved in manufacturing.

Extent; 224 Pages **Size**; 127mm×188mm

Illustration; Yes, Black & Green Diagrams,

Material; Block Copy

1st printing

Basics of Monozukuri: On-site Kaizen, **Quality Management, and Health and Safety**

The business environment for manufacturing is changing dramatically. New business models utilizing IoT and AI are emerging, and manufacturing itself is undergoing a transformation.

However, technologies like IoT and AI are only tools. It remains important to understand the basics of manufacturing and master the concepts and methods needed to identify and solve problems in factories and workplaces.

This textbook, written by experts with deep experience in providing guidance for production and manufacturing sites, covers the essentials of on-site improvement, quality control, and health and safety—the fundamentals of manufacturing. With clear explanations, summaries of key points, and a wealth of illustrations and diagrams, it is suitable for employees newly assigned to manufacturing section as well as leaders and managers responsible for training subordinates and junior employees.

Contents

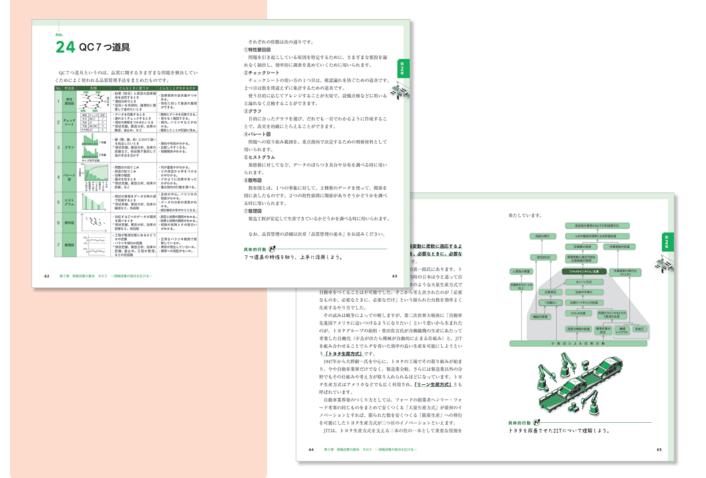
Chapter 1: Fundamentals of On-site Improvement 1: Aims and Methods of On-site Improvement

Chapter 2: Fundamentals of On-site Improvement 2: Broadening the Perspective of On-site Improvement

Chapter 3: Basics of Quality Control 1: The QC Story and the Seven Tools

Chapter 4: Basics of Quality Control 2: Quality Control Practices Chapter 5: Health and Safety Basics 1: Basics of Health and Safety

Chapter 6: Health and Safety Basics 2: Continuing Health and Safety





JMA Management Center Rights Guide 2023



JMAM's Books for Children and Parents

























Target This book is suitable for parents with children ages 0-6.

Extent; 160 Pages
Size; 148mm×210mm
Illustration; Yes, Black & Red
Illustrations, Diagrams,
Material; Block Copy
2nd Printing

Raising a Talented Kids By Montessori & Reggio Emilia Education

Many parents want to develop their children's talents as much as possible but feel that they do not have the time or do not know what to do. Based on the essence of Montessori and Reggio Emilia education, this book provides small ideas to turn ordinary, everyday life into an intellectual education that nurtures children's intelligence, sensitivity, and self-esteem.

Difficulties that occur in childcare may be signs that a child is growing properly. If we do not overlook these signs and encourage the child's development, we can bring out the child's genius. This book provides small ideas for the living environment, play, and daily life that parents can make according to their child's developmental stage. By simply incorporating these ideas into your daily life, you can develop your child's "genius", and the frustration of childcare will be replaced with "My kid is amazing!"

Contents

Part1 Frustration turns into "My kid is amazing!": Bring out the genius in your child

Part2 Seven points to bring out your child's genius

Part3 How to bring out the genius in your child by developmental stage





Target This book is suitable for parents with children who may have developmental problems.

Extent; 248 Pages Size; 148mm×210mm Illustration; Yes, Black & Red Illustrations, Diagrams Material; Block Copy 3rd Printing

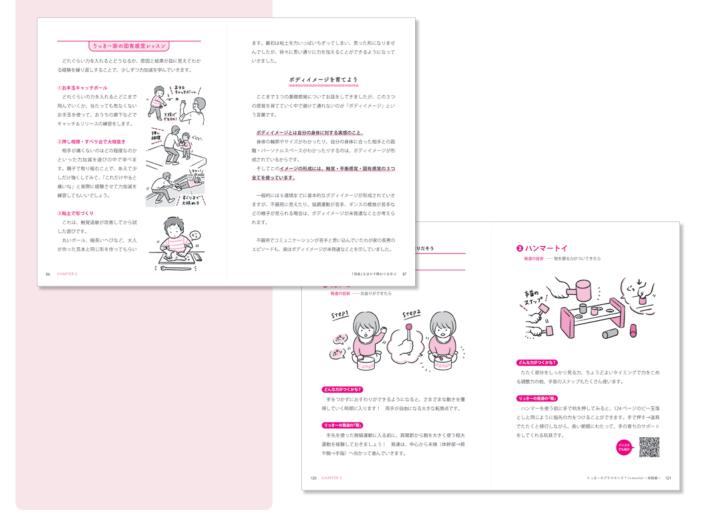
Montessori at Home for Children with ADHD

The Montessori method is often misunderstood to be a form of early childhood education, but it was originally developed to support children with developmental delays. This book provides Montessori exercises suitable for home and preschools for parents and caregivers concerned about the development of the children in their care.

Children with ADHD or developmental issues may struggle in group activities and learning situations. Sensory integration is the key to solving these problems. Child development is like a pyramid, and grasping the importance of physical development as a foundation and solving sensory problems will always lead to development and learning in the long run. The methods described in this book will help children with developmental issues experience ever more "I did it!" moments.

Chapter 1: Why Is Montessori Education Perfect for Children with Developmental Issues?

Chapter 2: Learning that Builds on Strengths Chapter 3: Rikki's plusmonte in Practice Chapter 4: Parents Need Fulfillment Too





Target This book is suitable for all parents who want their children to succeed.

Extent; 208 Pages Size; 127mm×188mm

Illustration; Yes, Black & White

Illustrations, Diagrams Material; Block Copy

1st Printing

Peak Condition: Helping Your Child to Succeed Under Pressure

All parents want their children to live up to their full potential in every situation, but how can they help their children do this?

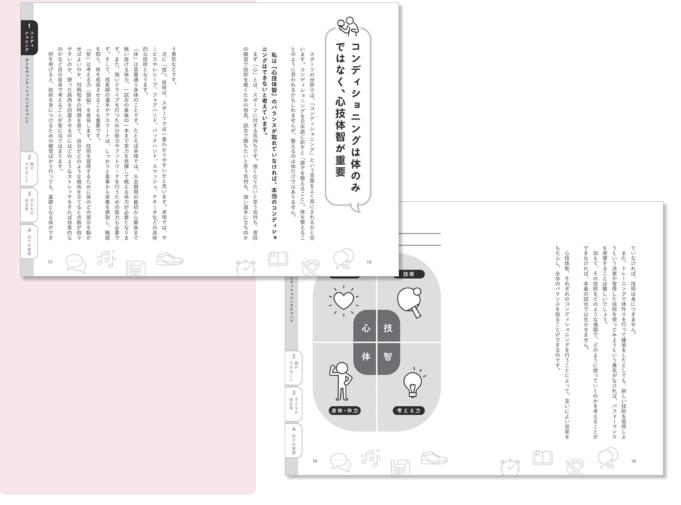
In 2021, Japan won its first gold medal in mixed doubles table tennis at the Tokyo Olympics, along with medals in the team and individual competitions. This success is at least partly attributable to increasing emphasis on development from an early age.

Author Ayako Habu is a former leader of the JOC Elite Academy, which supports future Olympic athletes. In this book, she explains how to help children perform at peak condition and achieve their full potential under pressure. The methods provided are useful not only in sports but also in examinations, competitions, and any other situations where results depend on children being in peak condition.

Chapter 1: Conditioning for Children

Chapter 2: How Parents Can Help Children Achieve Results Chapter 3: Independent Children Perform Better Under Pressure

Chapter 4: Conditioning Is About Daily Habits





Target This book is suitable for all parents with children ages 0-3.

Extent; 240 Pages Size; 127mm×188mm Illustration; Yes, Black & Red Illustrations, Diagrams Material; Block Copy 3rd Printing

30 Important Lessons For Parents of Under-Threes

The brain drives both body and mind, and 80% of its development is completed by the age of three. The first years after birth are when the foundation of a child's personality is established, making them a vital period for childcare. However, many parents find themselves so busy with the daily requirements of parenting that they are unable to offer the early care they wished to, a situation they later regret.

What children in the first years of life need is not education but rich hands-on experiences using all five senses. These experiences help children acquire a sense of caring for others, a willingness to do their best, a cooperative spirit, and social skills that can be nurtured in relationships with others and group activities. These characteristics add up to what might be called a "zest for life."

Author Mayumi Murata, has cared for some 2,000 children over the past 25 years. In this book, she introduces 30 ways to help children under the age of three develop this "zest for life," with exercises that can be fit into even the busiest schedules.

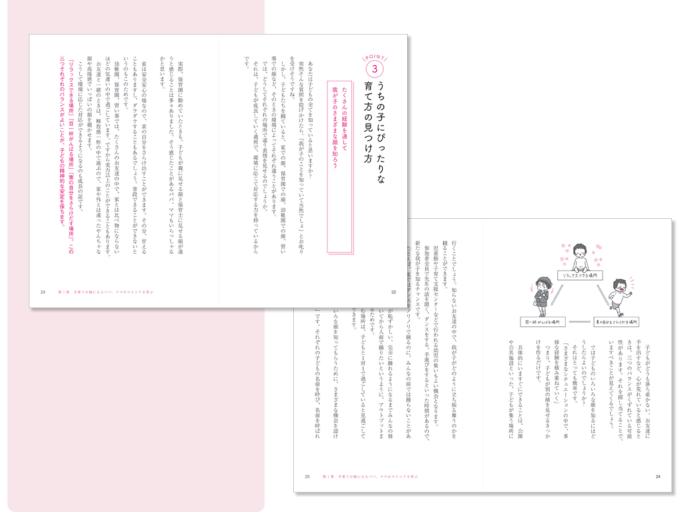
Contents

Chapter 1: Learning to Be Moms and Dads

Chapter 2: All You Need to Know! Basics of the Child Lifestyle

Chapter 3: Useful in Emergencies! Improve Your Parent-Child Skills

Chapter 4: Nurturing Your Child's Individuality Chapter 5: What Should I Do When . . .? Q&A





Target This book is suitable for all parents who want to motivate their children and increase their independence.

Extent; 240 Pages Size; 127mm×188mm

Illustration; Yes, Black & Blue Diagrams

Material; Block Copy

1st Printing

How to Motivate Your Kids

Parents want their children to take action on their own without being nagged. Unfortunately, frustration or anxiety spurs many parents to do or say things that actually demotivate their children, creating a vicious cycle. Author Katsunori Ishida has communicated with more than 10,000 parents and 50,000 children and identified five steps to building motivation: self-awareness, knowing reality, changing your words, creating a system, and making it a habit. Climb this five-step staircase and you will see your children show a new sense of motivation.

Contents

Chapter 1: Step 1: Self-Awareness Chapter 2: Step 2: Knowing Reality Chapter 3: Step 3: Changing Your Words Chapter 4: Step 4: Creating a System Chapter 5: Step 5: Making It a Habit Chapter 6: Step 0: Restoring Trust



さ出す親なのか、それとも子どものやる気をうばう親なのか、結果はどうだった つづいて、合計点を見てみましょう。現時点であなたが、子どものやる気を引 (3) (他のうち、どの度合いが高いかをチェックする) 次に、。回り回までの合計点を算出してみてください。 ·協のチェックリストに対して、最も自分に当てはま 45 ~ 1

た場合、「これは難しいから、まだできなくてもいいよ」とスルーして構いません。 てもいいけど、 一応、説明を聞いてみる?」と問いかけると、

のすね。制限時間は15秒だよ」などと言って、少しずつヒ

が自分で答えにたどりつけるように導くのです。

性を取り入れると、

勉強のみならず

CHAPTER 03

うにしてください。「カンタン、カンタン!」と言って、実際に難しかった場合、ただ、この声かけは、親が子どもにわかりやすく説明できるときに限って使う

下どもの集中力はぐっと高まります。 ○○のポイントをおさえれば、ぜんぶ簡単にできるんだよ」と言って解説すると、 難しい問題を前に尻込みしてしまっているとき ①「カンタン、カンタン!」 自分にもできる可能性があると感じて、「やってみよう」「やってみたい」とい



Target This book is suitable for all parents who want to relieve frustration and face parenting in a positive way.

Extent; 200 Pages Size; 148mm×172mm

Illustration; Yes, Black & Blue Diagrams,

Material; Block Copy

1st Printing

Everyday Mindfulness for Parents: How to Relax and Enjoy Being with Kids

Many parents are so busy that they feel near-constant stress and pressure. Some end up yelling and getting angry at their children as a result, which leads to self-loathing. Mindfulness can help such parents relax their minds and eliminate their frustrations.

If you thought mindfulness was something that had to be done alone, in a quiet place, think again. The essence of mindfulness is to focus on the here and now, so there's no reason it can't be practiced when there are other people around—even if it has to be in short bursts.

This book contains 60 mindfulness exercises to squeeze into your spare time or even your time with your children. These exercises will help you eliminate the irritability and hazy feelings that lurk in your mind and enjoy being with your child.

Contents

Chapter 0: For Parents Trying Their Best: Develop the Skills for Self-care

Chapter 1: Quiet the Chaos: Develop the Power to Calm Down

Chapter 2: Get Out of Ruminative Thoughts: Develop the Power to Feel

Chapter 3: Dispel the Haze: Develop the Power of Acceptance

Chapter 4: Clear Your Irritability: Develop the Power to Observe

Chapter 5: Calm Down and Relax: Develop the Power to Let Go

Chapter 6: Heal Yourself: Develop the Power to Care

Chapter 7: Live a Feel-Good Life: Develop the Power of Awareness







Target The book is suitable for parents of 3 to 9 years old.

Extent; 239 Pages Size; 127mm x 188mm Illustrations; Yes, Black & White Illustrations, Diagrams, Material; Block Copy 1st Printing

Steiner Education Method

Sanae, an elementary school teacher for third grade, and a mother of 4 years old, is very exhausted from her work and home, not keeping up to her own expectations to spend quality time with her student and her own child and running out of time.

An old friend from her college, introduces her with Steiner education schooling and arranges her visit. Sanae is fascinated by the school and begins to implement Steiner educational philosophy in her class and at

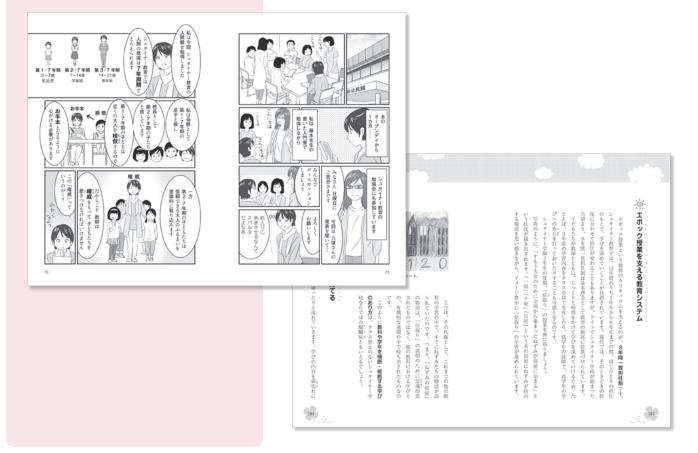
The children becomes much relaxed, self responsive, and proactive in a correct manner.

Concepts and Theories

Steiner education, also known as Waldorf education, is based on the educational philosophy of Rudolf Steiner, the founder of Anthroposophy. Its pedagogy strives to develop pupils' intellectual, artistic, and practical skills in an integrated and holistic manner. The cultivation of pupils' imagination and creativity in ways that serve their developmental needs is a strong focus.

This book introduces Waldorf education theories through case studies in Manga for quick and easier understanding.

Topics cover theory of childhood development, Steiner's seven year stages of development, and how to provide young people the basis on which to develop into free, morally responsible, and integrated individuals, with the aim of helping young people go out into the world as free, independent and creative beings.





Target The book is suitable for people of all levels who seek to develop issue solving skills and communication skills.

Extent; 248 Pages **Size**; 127mm x 188mm

Illustrations; Yes, Black & White

Illustrations, Diagrams, Material; Block Copy

1st Printing

Logical Thinking from Young Ages

Story

A story of four 10 years old kids and their computer programming teacher

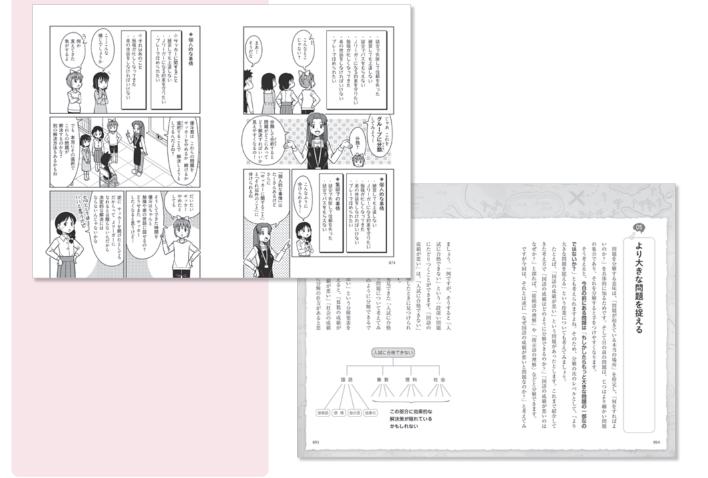
Misuzu teaches computer programming for children, is also helping them develop logical thinking skills by helping them observe issues objectively, develop insights, construct and test their own hypothesis to lead to right

Her kids loves Misuzu, and they comes up to her to discuss and solve their issues logically, when their PC suddenly turns off, when school grades go down, or how to select right design for their bird house in their

Kids are the main characters in this story, but the topic helps adults to understand how to use logical thinking tips in a real life through easy-tounderstand Manga style. Very useful book for all ages.

Concepts and Theories

Logical thinking skill is very useful, especially in a complex and contemporary society where there is no only correct answer. The book covers all valuable Logical thinking tips on How to construct hypothesis, Issue Analysis, Logic Tree, PDCA(Plan, Do, Check, Action) Cycle.





Target The book is suitable for parents with young children and is a great guide for life.

Extent; 224 Pages Size; 127mm x 188mm

Illustrations; Yes, Black & White

Illustrations, Diagrams, Material; Block Copy

6th Printing

Translated in Simplified Chinese

Adlerian Education

Story introduces 5 families, all having children ranging from 2 to 12. The case studies introduces families where children seemingly not behaving properly, not responding proactively and always seeking for help of their parents, always having quarrels among siblings. It defines causes of such behavior and how Adlerian education can help such

The real-life case study in Manga style, helps readers easily understand Adlerian education can help children gain confidence, and proactively grow on their own pace.

Concepts and Theories

The book introduces topics such as Improper actions of children and their objectives in 4 stages(Gan interest, Challenge, Retaliate, Lethargy), How believing in your child build their self-confidence, How to build your child's independence and proactivity, How to rightly motivate your child.





ながる! えるか? (NO 「できる」と思う 「できない」と思う



Target The book is suitable for parents with young children and is a great guide for life.

Extent; 214 Pages Size; 127mm x 188mm Illustrations; Yes, Black & White Illustrations, Diagrams, Material; Block Copy 1st Printing

Translated in French

Child Coaching

Aya, 24 years old, was spending depressing days at home, after she failed to become a classic pianist and lost her confidence.

One day she happens to see a screaming child magically calming down from a word from a piano tutor, begin to find interest and behave spontaneously.

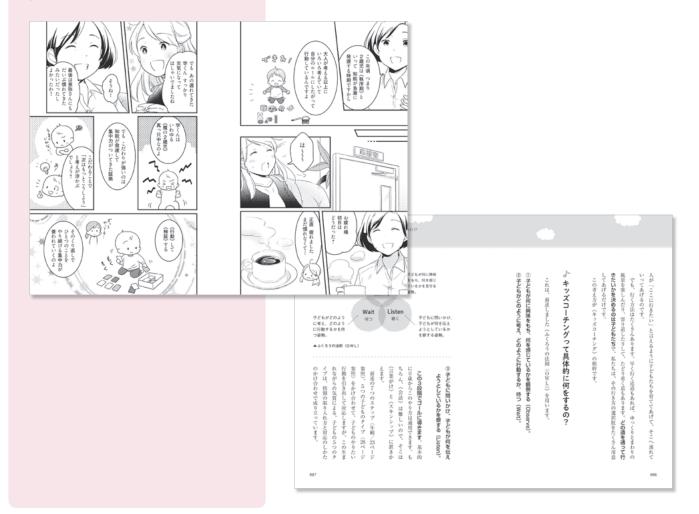
Aya, hoping reconstruct herself, by learning how to educate children, decides to join Eri's the piano class as a tutor.

While learning Eri's Child Coaching tips, Aya learns development stages of children, how to see things from their standpoint and build sympathy. Aya is very surprised to see how her proper reaction and approach will help children develop themselves, and at the same time find herself living positively as well.

Concepts and Theories

Introduce tips of how to discover and develop kids original talent "Kids coaching skills" through Manga case study.

The book covers topics such as, 7 growth stages of children, 5 types of children, 5 types of parents, Coaching to enhance creativity. Difference of teaching and coaching, Use of I-message to create empathy, Mirroring and pacing with children to provide comfort and guidance. Reaction and words parents should use to develop children's proper actions.





Target The book is suitable for parents with young children and is a great guide for life.

Extent; 232 Pages Size; 127mm x 188mm

Illustrations; Yes, Black & White

Illustrations, Diagrams, **Material**; Block Copy 6th Printing

Translated in French

Montessori Method

Story

Mari is a working mother with 3 kids, 5 years old, 2 years old and 1 year old

Every day is chaotic, with kids running around and not behaving, Mari is very stressed and frustrated.

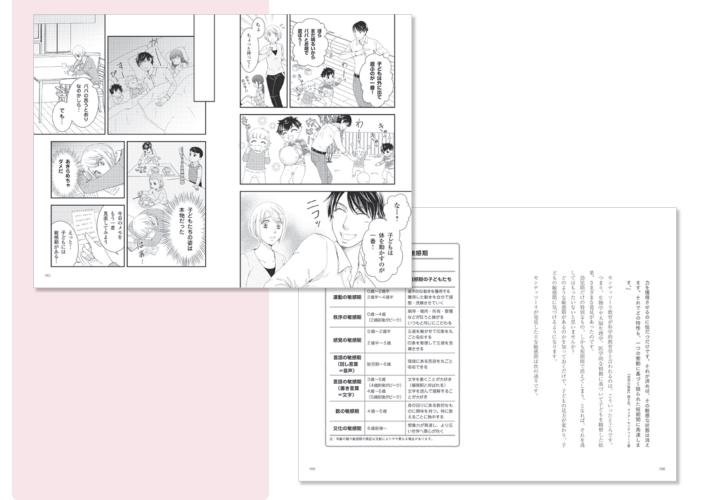
One day she runs into a very charming lady, who within one minute, captivates her very active one year old daughter to quietly play with her. Mari eagerly approaches the lady for her advice, who happened to be a Montessori educator.

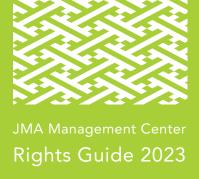
As Mari changes her approach to her kids with Montessori tips, she began to notice significant change of themselves and how they started to calm down, to spontaneously learn and develop by themselves.

Concepts and Theories

The book introduces basics of Montessori method, 4 evolutionary period "Planes of Development", How to prepare environments for spontaneous learning, What to say or not to say to children that would send them off track from their originality.

Readers can easily learn basics, through real life situation with Manga style.







JMAM's Books for Children































Extent; 224 Pages Size; 148mm x 210mm

Illustrations; Yes, Black and red Illustrations

Material; Block Copy

5th Printing

Translated in Korean and Traditional Chinese

Better Ways to Say It: Positive Rephrasing Everyone Should Know by the Age of 12

Today's children will grow up to share a diverse society very different from the one their parents knew. In a world where everyone's individuality is respected, the ability to communicate clearly, express your opinions, and respect others is of utmost importance.

Children can improve their communication skills by thinking about how their words are conveyed to others and learning to use more appropriate language. Some remarks can hurt others even if there is no malicious intent. The key to preventing this problem is learning to recognize such pitfalls in advance and rephrase statements in positive terms before communicating.

In this book, author Takashi Saito shows how to rephrase everyday negative statements into positive ones. He also covers thinking of other ways to say things in various situations, adopting new perspectives, finding good points, building mutual respect, and communicating without causing trouble. Children will learn to express their feelings with confidence and acquire skills that will serve them for a lifetime.



「もうあそばないよ!」
「AJ」という結論だけぎわれたので、首分とはあそびたくないと雑奏されたように際じまし





Extent; 20 Pages **Size**; 195mm x 188mm Illustrations; Yes, Color Illustrations Material; Block Copy 5th Printing Translated in Thai

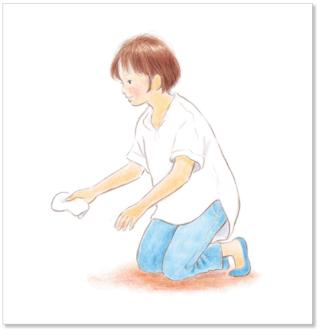
I Did It! Using the Toilet!

This is a picture book to read to young children who are starting toilet training. It is based on the Montessori idea that it is not up to adults to train children to use the toilet on their own, but rather it is up to children to learn on their own. Montessori education emphasizes the importance of teaching children about the real world.

Through this book, children can learn about the discomfort of wetting their pants and the pleasure of using the toilet by themselves. This provides a good example of self-learning and self-identification, as encouraged by the Montessori way of learning.

The end of the book has useful information for parents, making this a fun and effective way to take on the challenge of Montessori toilet training with your child.







Target Ages 1.5-3

Extent; 20 Pages Size; 195mm x 188mm

Illustrations; Yes, Color Illustrations

Material; Block Copy

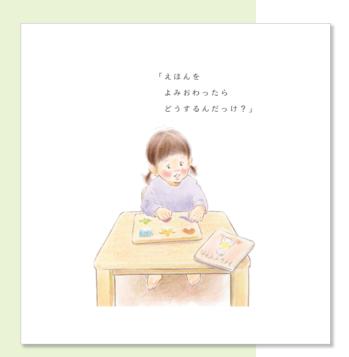
1st Edition

I Did It! Tidying Up!

The "Montessori Life Picture Books" series is popular among Montessori educators and parents for its realistic illustrations and faithful depiction of the concepts of Montessori education.

This second book in the series focuses on tidying up, an issue that many parents struggle with. In Montessori education, the rule of tidying up after each activity before moving on to the next is strongly recommended. This not only keeps the house tidy and pleasant and makes things easier for adults, it also benefits the child's development. For example, staying organized lets children work on things as soon as they want to do it, which makes it easier for them to experience "I did it!" moments.

This picture book is designed to attract children's interest with rhythmical, vivid depictions of a girl tidying up. At the end of the book, the importance of tidying up in Montessori is explained for parents. Parents and children alike will enjoy embracing the challenge of tidying up Montessori-style.







Target Ages 1.5-3

Extent; 20 Pages Size; 195mm x 188mm

Illustrations; Yes, Color Illustrations

Material; Block Copy

1st Edition

I Did It! Brushing My Teeth!

The "Montessori Life Picture Books" series is popular among Montessori educators and parents for its realistic illustrations and faithful depiction of the concepts of Montessori education.

This book, the third in the series, focuses on brushing teeth, a particular concern of many parents. Montessori education emphasizes the importance of children brushing their teeth by themselves.

In the book, a boy tries brushing his teeth by himself. Through his eyes, children learn when to brush their teeth, how to brush, how to gargle afterward, and so on. Although parents help by checking the results and finishing up the brushing process, the experience of brushing their teeth by themselves should encourage children to brush spontaneously. The end of the book includes tips on how to deal with children who do not want to brush their teeth, routines to get children to say, "I want to brush my teeth!", and suggestions for creating an environment where children will want to brush their teeth.

This is a book sure to help children develop the habit of brushing their teeth in a fun way.







Extent; 104 Pages Supplement; 24 Pages Size; 148mm x 210mm

Illustrations; Yes, Color Illustrations

Material; Block Copy

1st Printing

Translated in Simplified Chinese and

Traditional Chinese

How to study by the age of 12

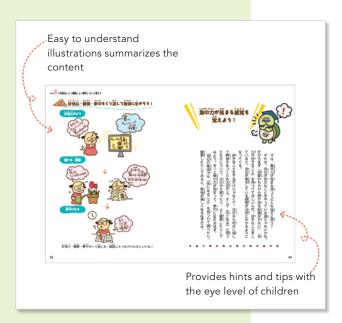
Many parents may be worried that their children may not be studying hard enough or not doing their homework properly.

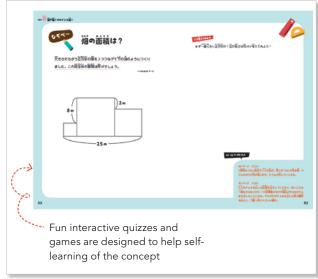
On the other hand, children, in their own way, are troubled when their parents tell them to study harder, and some of them may even start to hate studying.

This book is a collection of hints to bridge the gap between parents and children and make them love studying.

With fun illustrations and easy-to-understand explanations, this book will make your children rethink why they need to study.

The book helps them realize that studying is rather a joy and fun of learning new things, thinking, and being able to do things, which mindset will be useful for the rest of their life.







Extent; 104 Pages Supplement; 24 Pages Size; 148mm x 210mm

Illustrations; Yes, Color Illustrations

Material; Block Copy

1st Printing

Translated in Korean and Simplified Chinese

and Traditional Chinese

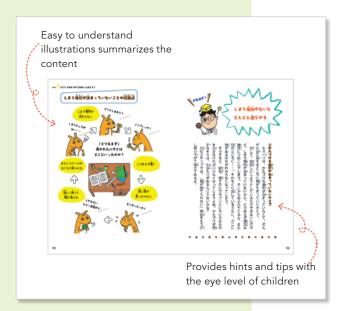
How to be organized by the age of 12

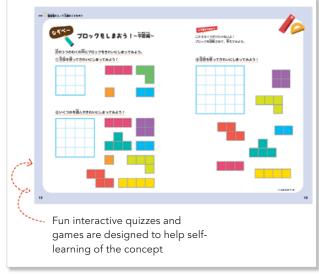
Many children are scolded by their parents for not tidying up their rooms, leaving their desks messy, or forgetting or losing things.

Children have the desire to organize, but they have trouble doing so.

This is a book that will make your child think about why they cannot keep things in order or keep their rooms clean, how to become a better organizer, and when they finish reading it, they will be inspired to try.

From a child's point of view, through quizzes and games, they will realize that acquiring the know-how of organizing and keeping things in order is not only about cleaning their rooms, but also about gaining the know-how of logically organizing one's mind and improving productivity.







Extent; 104 Pages Supplement; 24 Pages Size; 148mm x 210mm

Illustrations; Yes, Color Illustrations

Material; Block Copy

2nd Printing

Translated in Korean and Simplified Chinese

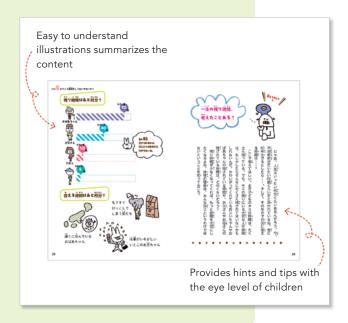
and Traditional Chinese

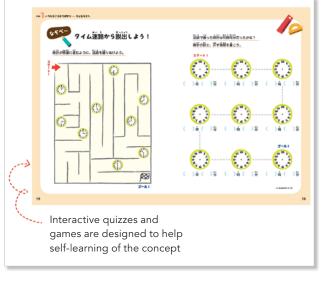
How to manage time by the age of 12

While parents are frustrated by their children's inability to use time well, children, in their own way, are troubled by their parents' nagging at them when they don't feel like doing what they need to do.

This is a book that will help your child think about how to manage and use time well, how to become a person who can use time well.

From a child's point of view, through quizzes and games, they will realize that learning how to use time well is not only about making a good schedule and not spending too much time on preparation, but also about how to control their own concentration and motivation, which will be useful even as adults as they improve their daily productivity.







Extent; 112 Pages Supplement; 24 Pages Size; 148mm x 210mm

Illustrations; Yes, Color Illustrations

Material; Block Copy

1st Printing

Translated in Korean and Simplified Chinese

and Traditional Chinese

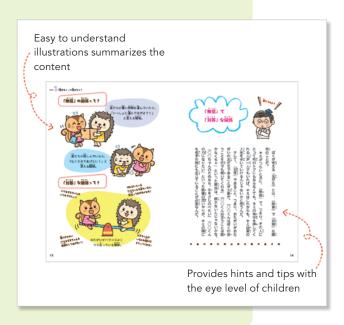
How to get along with others by the age of 12

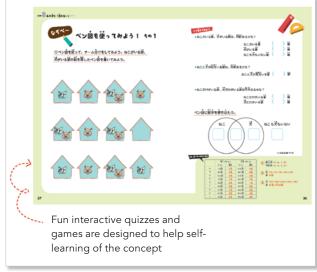
Does my child get along well with his or her friends? Can my child express his or her ideas properly?

While parents worry about these issues, children, in their own way, worry about their immediate relationships, such as being caught between friends or what to do when they fight with friends.

With fun illustrations and easy-to-understand explanations, this book will help kids think about human relationships.

This is a book that will help your child think about what friends are, realize what is necessary to get along well with friends, and when they are done reading it, they will be inspired to do the same.







Extent; 112 Pages Supplement; 24 Pages Size; 148mm x 210mm

Illustrations; Yes, Color Illustrations

Material; Block Copy

1st Printing

Translated in Simplified Chinese

and Traditional Chinese

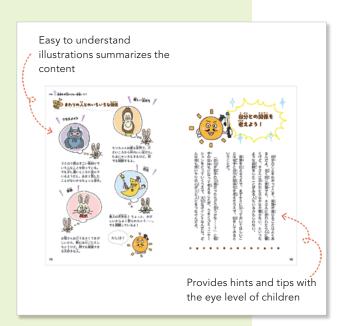
How to express your feelings by the age of 12

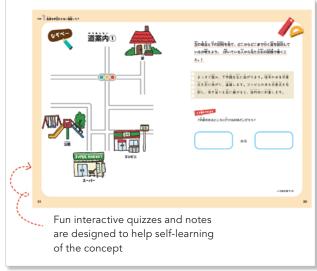
Many parents are troubled by their children's attitude when they meet someone. On the other hand, children have their own worries such as "I can't communicate my feelings well" or "I have misunderstood my friends"

This book is a collection of tips on how to bridge the gap between parents and children and improve communication skills.

It is a book that will help your child think about how to convey their thoughts correctly, realize how to become a good communicator, and when they are done reading it, they will be ready to give it a try.

From a child's point of view, through quizzes and games, the reader will realize that developing communication skills is about honing one's compassion for others, thinking from the other person's point of view, and expressing one's thoughts honestly, and that this is what will make one more attractive in the community.







Extent; 104 Pages Supplement; 24 Pages Size; 148mm x 210mm

Illustrations; Yes, Color Illustrations

Material; Block Copy

1st Printing

Translated in Simplified Chinese and Traditional Chinese

How to think about your future by the age of 12

This book is designed to help children become aware of their future lives and to help them develop their own goals.

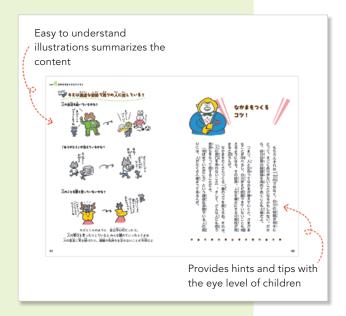
We live in an age, that getting good grades in school and working for a big company is no longer a guarantee of a secure future. In an age where people need to be able to decide how to live on their own and to be independent enough to live on their own, they need to be able to think, decide and act on their own.

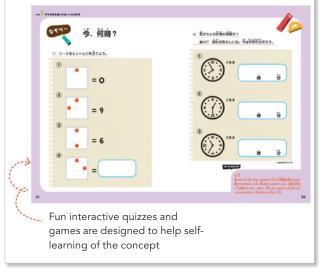
Children have vague ideas about what they want to do in the future and whether they need money, but they don't have time to think about it properly and become adults in no time.

This is a book that encourages children to think about what kind of life they want to have when they grow up, to envision what they want to be in the future.

Through quizzes and games, children will realize that they need to support themselves, or support their family, when they grow up, and what can they do as a work to do that.

This envisioning will help them be more motivated and proactively spend their days going forward.







Extent; 166 Pages Size; 148mm x 210mm

Illustrations; Yes, Color Illustrations

Material; Block Copy

6th Printing

Translated in Korean, Simplified Chinese

and Traditional Chinese

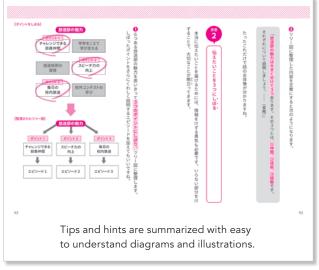
Magical communication with others by age 10

This book helps children as young as 10 years old learn the basics of presentation in a practical and formative way through Manga and exercises.

It introduces a series of presentation topics, including how to create a message, the logical structure necessary for a presentation, how to make presentation slides, and how to speak in an actual presentation.

Each chapter describes the key essence with Manga for easier understanding, followed by series of questions for young readers to think, and provides answers with why the right answer is correct. Author provides useful related tips after each chapter.







Extent; 120 Pages Size; 148mm x 210mm

Illustrations; Yes, Color Illustrations,

workbooks, quizzes

Material; Block Copy

1st Printing

Translated in Korean, Simplified Chinese

Toilets of the World

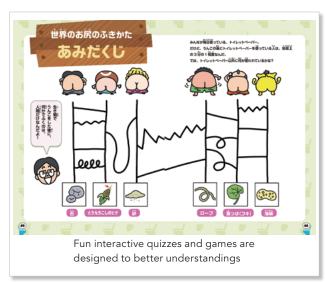
As a fashion model and traveler, the author has traveled and shared living with local families of 50 countries and 10 regions around the world. She introduces the toilets of the world with Dr. Mitsuharu Sato, a Master of Toilets.

By using toilets as an example, the book introduces the lives of people around the world, cultural differences, religion, and the relationship between humans and nature.

With colorful illustrations, entertaining cartoons, and quiz games, children will learn why the toilets in their countries are the way they are.

Through this book, children can gain a better understanding of the diversity of the world and increase their acceptance of differences in values. Explanatory notes for parents is a good guide to communicate with children.







Extent; 96 Pages Supplement; 24 Pages Size; 148mm x 210mm

Illustrations; Yes, Color Illustrations,

workbooks, quizzes

Material; Block Copy

1st Printing

Discussing LGBTs for the first time at home

The author of the book is a transgender educator, who has felt uncomfortable being a woman since she was a child.

Through the main character's cat, she tells children to know that there are only you in the whole world, and it is a privilege to live your own life in this world where each person is different.

Through stories, questions, and workbooks, participants will experience and realize that each person is different, and that it is natural to be different, just as each person's face is different.

The book provides great guidance for the child and family to accept diversity, which is a core idea of understanding LGBTs.







Extent; 64 Pages Size; 210mm x 190mm

Illustrations; Yes, Color Illustrations

Material; Block Copy

1st Printing

Teach me! How to be a child who understands the feelings of others!

This series of picture books is based on the teachings of Buddhism to nurture children's moral values.

In this book, the dog monk Koro gives clear answers to the questions that children wonder about everyday, such as their relationships with friends and family.

Why do we have to make friends?

What happens when someone gives you a nickname you don't like? I'm upset that my family is all about my sister.

In addition to answering each of these questions in easy-to-understand terms for children, the book also provides parents with an explanation of the Buddhist teachings behind the answers for children.

The words of Monk Kolo are those of the supervising monk, Tetsuso

It is a book that gently admonishes the teachings of Buddhism in a way that even children can understand, encourages parents and children to think together.



